

Sheena Sood, Ph.D.
Curriculum Vitae
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EDUCATION

- Ph.D. Sociology, Temple University, 2019
Advisor: Dr. Michelle Byng
Thesis: Desis on a Spectrum: The Political Agendas of South Asian Americans
- M.A. Sociology, Temple University, 2013
- B.A. Sociology & International Affairs, Emory University, 2007
- A.A. Oxford College of Emory University, 2005

Research Areas: Asian Americans, South Asian Americans, Geopolitics, Global Politics
Interests: Political Sociology; Social Movements; Immigrant Rights; Social Justice; Critical Race Theory; Critical Criminology; Transnational Politics; Critical Yoga Studies;

PUBLICATIONS

- 2021 “The City of Radical Love: A Philly Story of Oppression, Resistance, and Healing” in *Practicing Yoga as Resistance: Voices of Color in Search of Freedom*, Edited by Cara Hagan, Routledge, New York.
- 2020 “Towards a Critical Embodiment of Decolonizing Yoga,” *Race and Yoga*, 5(1): pp. i-x. <https://escholarship.org/uc/item/9bx1x7wc>
2020. “Embodying Yoga Liberation: Growing Roots in Philly.” *Abcdyogi*.
- 2020 “Spectacles of Compassion: Modi’s Weaponization of Yoga,” *Jadaliyya*. (<https://www.jadaliyya.com/Details/41048/Spectacles-of-Compassion-Modi-and-the-Weaponization-of-Yoga>) May 4, 2020.
- Nd. (Forthcoming essay) “Yoga Liberation Theology: Learning From the Past, Contemplating the Present, and Envisioning a Future” in *Sustaining Social Change*, Edited by Jardana Peacock and Rusia Mohiuddin
- 2018 ““They Can Only Stretch the Bond. They Can’t Break it.”” *Colorlines*. Retrieved

March 14, 2019. (<https://www.colorlines.com/articles/they-can-only-stretch-bond-they-cant-break-it>) Nov. 21, 2018.

- 2018 “Cultivating a Yogic Theology of Collective Healing: A Yogini’s Journey Disrupting White Supremacy, Hindu Fundamentalism, and Casteism,” *Race and Yoga*, 3(1).
2017. “DRUM’s Soulful Beat: Desis Embodying Radical Healing” in *Reimagining Magazine*, Retrieved Dec 10, 2019. (<https://reimaginingmagazine.com/project/drums-soulful-beat/>). Chicago Wisdom Project.
- 2016 “Color-Blind Racism in the Media: Mindy Kaling as an ‘Honorary White,’” *Race and Contention in 21st Century U.S. Media*, Edited by Bhoomi Thakore and Jason Smith, Routledge, New York.

AUDIO PUBLICATIONS

- 2021 Guest Presenter. “Caste, Decolonization, and Liberation” *J. Brown Yoga Talks* Podcast. 2021, February 22.

RESEARCH AWARDS, FELLOWSHIPS, GRANTS & HONORS:

- 2020 Lori Hermelin Bush Seed Fund Recipient, \$5,000 award for Yoga Warrior Tales.
- 2013-2020 Leeway Foundation Awards:
- 2020 & 2019: \$1,000 and \$1,300 Window of Opportunity Grants;
 - 2017: \$15,000 Transformation Award;
 - 2013: \$2,500 Art and Social Change Grant;
- 2016 Temple University, Graduate School, University Fellowship
- 2013 Temple University, Graduate Summer Research Scholarship;

INVITED PRESENTATIONS

- Oct 2020 “Toward a Critical Embodiment of Decolonizing Yoga” at *The Embodiment Conference*. Yoga Track Speaker.
- 2018-2020 “Decolonizing Yoga” Workshops:
- May 2020: “Asian Healing Practices...,” LGBTQ Affairs. Philly, PA;
 - May, Aug., and Sept. 2020: People’s Hub;
 - Nov 2019: Maha Yoga Studio, Philadelphia, PA;
 - 2018, 2019, 2020: Studio 34 Yoga & Arts, Philadelphia, PA;
 - June 2019: Mystic Soul Conference, Chicago, IL
- Jan 2017 “Moving From Trauma To Wellness: Sisters Of Color Collective Healing,”

Sister-to-Sister Workshop Facilitator at Sociologists for Women in Society (SWS) annual meeting, Albuquerque, New Mexico

CONFERENCE ACTIVITY

- Mar 2021 “The City of Radical Love: A Philly Story of Oppression, Resistance, and Healing,” Practicing Yoga as Resistance: Voices of Color in Search of Freedom Panel, *The 2021 Embodied Learning Summit*, Duke University, (virtual meeting).
- Nov 2019 “Weaponizing Yoga for Militarized Oppression: India, Israel (Occupied Palestine), & the U.S.,” Race, Power, and Citizenship Panel, American Studies Association Annual Meeting, Honolulu, HI.
- Nov 2018 “DRUM's Soulful Beat: Desis Embodying Radical Healing and Transformative Change,” Ecologies of Radical Healing, American Studies Association Annual Meeting, Atlanta, GA.
- Aug 2018 Presider/Co-organizer, “Feeling Race and Resistance in Philly: The Role of Arts, Culture and Healing in Social Movements for Transformation,” Regional Spotlight Session, American Sociological Association Annual Meeting, Philadelphia, PA
- Aug 2018 “South Asian Americans and Post-9/11 Experiences of Racialization: Divergently Impacted, Divergently Mobilized,” Social and Political Movements in Section on Asia and Asian America, American Sociological Association Annual Meeting, Philadelphia, PA
- Aug 2017 “A Seat at the Table for Whom? The Embeddedness of Intersectionality in South Asian American Political Organizing,” Society for the Study of Social Problems Annual Meeting, Montreal, CA.
- Aug 2017 “A Seat at the Table for Whom? The Embeddedness of Intersectionality in South Asian American Political Organizing,” Roundtable on Racial and Ethnic Minorities, American Sociological Association Annual Meeting, Montreal, CA.
- Feb 2017 “South Asian American Political Struggles and Aspirations: How Race Informs Our Organizing,” Eastern Sociological Society Annual Meeting. Philadelphia, PA.
- Feb 2017 “Moving from Trauma To Wellness: Sisters Of Color Collective Healing,” Sociologists for Women in Society Winter Meeting, Albuquerque, NM.
- Nov 2016 “Color-Blind Racism in the Media: Mindy Kaling as an Honorary White,” Philadelphia Asian American Film Festival, Philadelphia, PA.

- Aug 2016 “Community Organizations and Political Action: Agendas & Alliances for Racial Justice amongst South Asian Americans,” Society for the Study of Social Problems Annual Meeting, Seattle, WA.
- Mar 2016 “Universities and adjunct (in)security: the limitations and necessity of radical critical pedagogy,” Eastern Sociological Society Annual Meeting, Boston, MA
- Aug 2013 “Color-Blind Racism in the Media: Mindy Kaling as an “Honorary White,” Paper, American Sociological Association’s Annual Meeting, New York, NY.
- Feb 2012 “Well-Intentioned Racism in Multicultural Media: Analyzing South Asian Characterization in NBC’s *Outsourced*,” Eastern Sociological Society’s Annual Meeting. New York, NY.

CAMPUS OR DEPARTMENT TALKS

- Oct 2019 “Weaponizing Yoga for Militarized Oppression: India, Israel (Occupied Palestine), the U.S. & the Need for Decolonized Healing” Guest Lecture in Border Crossings: Gendered Dimensions of Globalization course, Temple University, Philadelphia, PA
- 2015-2017 “Safe Zone Training” Facilitator at 10+ Campus Departments and Programs
- Mar 2017 “Healing at the Margins featuring Climbing Poetree,” Student Life Performance and Workshop Facilitator, Co-sponsored by the Wellness Resource Center & Institute for Diversity, Education and Leadership, Temple University, Philadelphia, PA

TEACHING EXPERIENCES

Temple University, Department of Sociology

- Quantitative Methods in Social Sciences, TA (Fall 2010, Fall 2011, Fall 2012)
- Introduction to Sociology, TA (Spring 2012, Spring 2014)
- Ethnicity and the Immigrant Experience, Primary Instructor (Summer 2012, Fall 2014 - 2 sections, Spring 2015)
- History and Significance of Race in America (Fall 2013-2 sections, Spring 2014-1 section)
- Race and Poverty in the Americas (Spring 2014)

Temple University, Department of Gender Sexuality & Women Studies

- Living for Change: Autobiographies of Women in Radical Social Movements (Fall 2018 -2 sections, Spring 2019, Fall 2019 – 2 sections, Spring 2020 – 1 section, Fall 2020 – 1 section)
- Border Crossings: Gendered Dimensions of Globalization (Fall 2020 – 1 section)

La Salle University, Department of Sociology/Criminal Justice

- Principles of Sociology, Primary Instructor (Fall 2019 – 2 sections; Fall 2020 – 1 section)
- Migration and Social Justice (Fall 2020 – 1 section)

Drexel University, Department of Sociology

- Gender in America, Primary Instructor, (Summer 2015)
- Sex and Society, Primary Instructor (Summer 2015)
- Race and Ethnicity, Primary Instructor (Fall 2015, Spring 2016, Summer 2016, Fall 2016-Online, Winter 2017, Spring 2017, Fall 2017, Summer 2018).

RESEARCH EXPERIENCES

Graduate Student Researcher, Russell Sage Foundation, “Immigrant-Native Relations in 21st-Century America: Intergroup Contact, Trust, and Civic Engagement” (CO-Pis: Michael Jones-Correa, Helen Marrow, Dina Okamoto, Linda Tropp;), 2014-2015.

PROFESSIONAL MEMBERSHIPS

American Studies Association, 2018-present;
American Sociological Association (Sections: Asia and Asian America; Race and Ethnicity), 2011-Present;
Eastern Sociological Society, 2012-2017;
Sociologists of Women in Society, 2016-2017;
Society for the Study of Social Problems, 2014-2017.

SERVICE TO PROFESSION

Reviewer for *Race and Yoga* Journal, 2020.

Gender and Sexuality Inclusion Extern, Wellness Resource Center (Student Activities), Temple University, 2015-2017.

Writing Tutor, Temple University, Student Success Center, 2014-2017, 2018-2019.

TECHNICAL AND PROFESSIONAL SKILLS

MS Office, MS Excel, NVivo, Dedoose, STATA, and SPSS

COMMUNITY ACTIVITIES

Philadelphia South Asian Collective (PSAC), The MOVE Organization, Campaign to Bring Mumia Home, Educators for Mumia Abu-Jamal, Transformation Yoga Project, Studio 34 Yoga Instructor, FACTS Charter School, The Beanstalk School

REFERENCES

Michelle Byng, PhD
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Kimberly Goyette, PhD
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Drew University, Political Science
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